

PRESS RELEASE

Attention: Assignment desk, city desk

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FOR IMMEDIATE RELEASE

VOLUNTEERS BRING EASTER TO HOMEBOUND ELDERERS

March 27, 2016--CHICAGO. What's better than an Easter basket filled with chocolates for Chicago's lonely and isolated seniors? A visit from a friendly volunteer with a meal and treats. On Easter Sunday and the week preceding it, Little Brothers – Friends of the Elderly's volunteers and staff made visits to elders who are homebound or living in nursing homes.

"At Little Brothers – Friends of the Elderly, we know that elders who are aging alone in our community can feel even more alone on the holidays," said CEO Simone Mitchell-Peterson. "Thanks to our volunteers, our elders are part of the holiday. They enjoy flowers and a meal for Easter. And most of all, they spend time with a friend."

Each senior received a decorated bag filled with sweet treats—candy, a piece of cheesecake, a champagne flute and sparkling cider for an Easter toast and a potted daffodil to celebrate the coming of spring. A friendly hello from a volunteer makes the day really special.

Homebound seniors received a delicious Easter meal, in addition to their Easter bags. Beef brisket, roasted vegetables, mashed potatoes and rolls were on the festive menu.

The food, flowers and candy helped make the day special, but having a friendly visitor stop by was the real treat for the seniors, who can't get out and are aging without the support of family or friends.

Little Brothers – Friends of the Elderly is a volunteer-based nonprofit organization in Chicago committed to relieving isolation and loneliness among the elderly by offering friendship and socialization opportunities. All services are free and open to seniors over the age of 70, regardless of income.

Elders can attend programs, such as coffee club or movie showings, at LBFE headquarters or have volunteers spend time in their homes. The organization began operating in 1959 and serves approximately 1,200 elders throughout the city. To learn more, visit www.littlebrotherschicago.org or call 312.455.1000.

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