

# Build memories with your family, make a real difference for Chicago Seniors and have fun!



Little Brothers - Friends of the Elderly, Chicago Chapter is looking for interested families to volunteer to help elders who are lonely and isolated. This is a great opportunity for parents that are looking for fun, meaningful activities they can do with their children.

You can choose an option to fit your schedule:

- Bring treat bags or festive meals to elders on birthdays or holidays.
- Deliver monthly food bags.
- Drop off Holiday Gifts to isolated elders at Christmas.
- Or, if you wish, you can be matched with one elder visiting or spending time together twice a month.

**If you are interested, please contact Christine Bertrand at 312.455.1000 or [cbertrand@littlebrotherschicago.org](mailto:cbertrand@littlebrotherschicago.org) to arrange for a parent or guardian to go through our orientation process.**

Little Brothers - Friends of the Elderly offers fun events and activities that provide friendship to seniors, while making it possible for them to continue doing the things they love in the celebration of life. We are a volunteer-based non-profit organization committed to relieving isolation and loneliness among the elderly.

